

Precision Sports Therapy

Dr. Travis Conley, D.C., D.A.C.B.S.P.

Patient Information:

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone #: _____ Date of Birth: _____ Age: _____

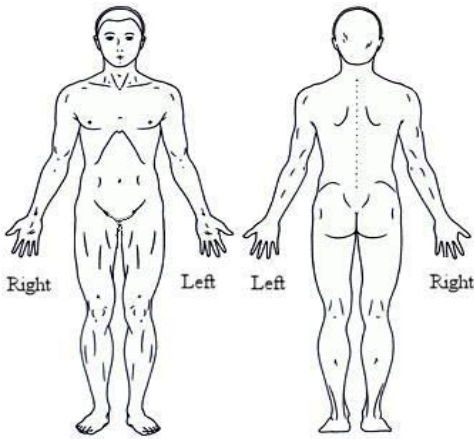
Emergency Contact: _____ Phone: _____

Referred by: _____ Marital Status: S M D W

Occupation: _____ Email: _____

Insurance: _____ ID#: _____ Group #: _____

Primary insured (if not patient): _____ DOB: _____



Chief Complaint:

Location of pain: _____

Date of onset: _____ Pain Level: 0/10: _____

Pins and Needles: Y / N ; Location: _____

Aggravated by: _____

Relieved by: _____

Pain is: Constant / Intermittent / Improving Worsening Same

Pain interferes with: Sleep / Work / Hobbies: _____

Previous treatment for this condition Y / N ; How many? _____

Type of treatment received: _____

Comments: _____

What types of Sports or Hobbies do you part take in: _____

Work out at a gym, name: _____ How long : _____

Style of your workouts (Circuit, bodybuilding, Pilates): _____

Have you changed your workout regime in the last 2 yrs: Y / N; How: _____

Sports/Athletics as a youth: Y / N ; What type: _____

Recent weight loss Y / N ; Weight gain: Y / N ; How much: _____

Other symptoms/complaints: _____

TREATMENT GOALS:

PAST HISTORY: Any hospitalizations, illnesses, surgeries, pregnancies, accidents, injuries, x-rays, MRI's, etc.:

1. Year/Description(s): _____

MEDICATIONS OR SUPPLEMENTS you are currently taking:

Med./Supp. Name & Dosage: _____

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Review of Systems – (Check box if you have had trouble with any of the following)

GENERAL SYMPTOMS

- Convulsions
- Dizziness
- Fainting
- Headache; Most recent: _____
- Nervousness
- Numbness
- Wheezing

MUSCLES & JOINTS

- Low Back Problems
- Pain between Shoulders
- Neck Problems
- Arm Problems
- Leg Problems
- Swollen Joints
- Painful Joints
- Stiff Joints
- Sore Muscles
- Weak Muscles
- Walking Problems
- Sprains/Strains
- Broken Bones

CARDIO-VASCULAR

- High Blood Pressure
- Heart Attack
- Pain over Heart
- Poor Circulation
- Heart Trouble
- Rapid Heart
- Slow Heart
- Strokes
- Swelling Ankles

EAR/NOSE/THROAT

- Earache
- Ear Noises
- Enlarged Thyroid
- Frequent Colds
- Hay Fever
- Nasal Blockage
- Nose Bleeds
- Pain Behind Eyes
- Poor Vision
- Sinusitis
- Sore Throats
- Tonsillitis

GASTRO-INTESTINAL

- Belching/Gas
- Colon Problems
- Constipation
- Diarrhea
- Excessive Hunger
- Excessive Thirst
- Gall Bladder Trouble
- Hemorrhoids
- Liver/Gallbladder
- Nausea
- Abdominal Pain
- Ulcer
- Poor Appetite
- Poor Digestion
- Vomiting
- Vomiting Blood
- Black Stool
- Bloody Stool

RESPIRATORY

- Asthma
- Chronic Cough
- Difficulty Breathing
- Spitting Blood
- Spitting Phlegm

GENITO-URINARY

- Blood in Urine
- Frequent Urination
- Kidney Infection
- Painful Urination
- Prostate Problems
- Loss of Bladder Control

SKIN OR ALLERGIES

- Boils
- Bruising Easily
- Dryness
- Eczema/Rash/Dermatitis
- Hives
- Itching
- Sensitive Skin
- Allergies _____

FOR WOMEN ONLY

- Birth Control _____
- Hormone Replacement
- Cramps/Backaches
- Hot Flashes
- Irregular Cycle
- Miscarriage
- Painful Periods
- Breast Pain

LIFESTYLE

- _____ Exercise (3 = 5+ times per week, 2 = 2-4 times per week, 1 = once per week, 0 = none)
- _____ Stress (3 = heavy/chronic, 2 = moderate/often stressed, 1 = light/occasionally stressed, 0 = none)
- _____ Changed jobs (3 = within last 2 months, 2 = within last 6 months, 1 = within last 12 months)
- _____ Divorced (3 = within last 6 months, 2 = within last year, 1 = within last 2 years, 0 = never)
- _____ Work over 40 hours/week (3 = always, 2 = usually, 1 = occasionally, 0 = never)

FAMILY HISTORY (Circle all that apply): Cancer / Diabetes / Heart Disease / Stroke / Other: _____

NUTRITION:

Circle one: Paleo / Vegan / Vegetarian / Omnivore / Ketogenic / Other: _____

Alcohol drinks/wk: _____ Cigarettes/Vape: Y / N ; Frequency: _____ Coffee: Y / N ; # cups: _____ Grains/Wheat: Y / N

Artificial Sweeteners/Sugar: Y / N ; Form: _____ Fast Food times per week: _____

INFORMATION & FINANCIAL AGREEMENT

I hereby certify that the statements and answers given on this form are accurate to the best of my knowledge and understand it is my responsibility to inform this office of any changes in my health. Your insurance coverage is a contract between you and the insurance company and it is your responsibility to know your insurance benefits. As a courtesy, we will bill your primary insurance company. We will submit your claims and assist you in any way we reasonably can to help get your claims processed. When insurance coverage is verified, the provider is informed that payments and benefits are NOT a guarantee of payment. Therefore, if your insurance company denies payment or a filed claim you are liable for the remaining balance.

I understand that all services rendered and performed are to be paid for at the time of service unless other arrangements have been made. I authorize Precision Sports Therapy and its employees to bill my insurance or person accordingly for all services rendered and agree to sign over or reimburse all payments received by me from my insurance company for services rendered back to Precision Sports Therapy within 5-7 business days from date of receipt.

I have received this financial policy and understand that regardless of any insurance coverage I may have, I am personally responsible for payment in full of my account. I understand that delinquent accounts can be referred to a collection agency for collection service.

Patient Signature: _____ Date: _____

Patient Name Printed: _____

Signature of Parent or Guardian: _____

CONSENT TO TREATMENT

Health care providers are required to advise patients of the nature of the treatment to be provided, the risks and benefits of the treatment, and any alternatives to the treatment.

There are some risks that may be associated with treatment, in particular, you should note:

- A) 'While rare, some patients have experienced rib fractures or muscle and ligament sprains or strains following treatment;
- B) There have been rare reported cases of disc injuries following cervical and lumbar spinal adjustment although no scientific study has ever demonstrated such injuries are caused, or may be caused by spinal or soft tissue manipulation or treatment.
- C) There have been cases of injury to a vertebral artery following an osseous spinal manipulation. Vertebral artery injuries have been known to cause a stroke, sometimes with serious neurological impairment, and may, on rare occasions, result in paralysis or death. The possibility of such injuries resulting from cervical spine manipulation is extremely remote;

Osseous and soft tissue manipulation has been the subject of government reports and multidisciplinary studies conducted over many years and has demonstrated it to be a highly effective treatment of spinal conditions including general pain and loss of mobility, headaches and other related symptoms.

Musculoskeletal care contributes to your overall well being. The risk of injuries or complications from treatment is substantially lower than that associated with many medical or other treatments, medications, and procedures given for the same symptoms.

I acknowledge I have discussed the following with my healthcare provider:

- a. The condition that the treatment is to address;
- b. The nature of the treatment;
- c. The risks and benefits of that treatment; and
- d. Any alternatives to that treatment.

I have had the opportunity to ask questions and receive answers regarding the treatment.

I consent to the treatments offered or recommended to me by my healthcare provider(s), including osseous and soft tissue manipulation. I intend this consent to apply to all my present and future care with OC Rehab and Sports Medicine.

Patient Signature (or Legal Guardian): _____

Print Name: _____ Date: _____